

## Deep Run Lacrosse Coaches Code of Conduct 2009

As a Deep Run Lacrosse coach, you are in a unique position to influence the behavior and attitude of your players. You are expected to get the most out of your players and be a positive role model to them. It is your responsibility to teach good sportsmanship, fair play, and team work and emphasize these characteristics over winning and losing. Deep Run Lacrosse is a Positive Coaching Alliance based group. In an effort to achieve the most positive experience for the program, coaches, players, and parents, we have established this coach's code of conduct that all lacrosse coaches must sign prior to coaching at any level at Deep Run.

Please check each box after you have reviewed:

- I will place the physical well being of all players over the importance of winning and remove any player from practice or game if there is any doubt of their physical well being
- I will stress that the basic fundamentals are the most important element to becoming the best lacrosse player my players can be
- I will never demean any player in front of spectators and/or teammates, but reserve the right for constructive criticism in an appropriate private setting or in the presence of other team members that may also benefit
- I will never use abusive or foul language, regardless of the situation
- I will be knowledgeable of the rules of Deep Run and SEPYLA, and will teach these rules to my players and explain to parents if necessary
- If I am a travel coach, I will have my US Lacrosse Level 1 Coaches Certificate by completing the US Lacrosse Level 1 on-line course, level 1 hands-on instructional clinic, and the required Positive Coaching Alliance seminar or online course
- I will not negatively engage other teams, officials, or spectators
- I will continue to educate myself when available, to better serve the club and my players
- I will never touch my players inappropriately or in an overly physical manner
- I will remember that I am a YOUTH sports coach and that the game, and my responsibility, is for the players, not adults
- I will make myself accessible to parents to discuss any concerns or questions they may have
- I will always shake hands with the opposing teams players and coaches after any competition

I understand that if I fail to abide by the above Deep Run Lacrosse coach's code of conduct, or any other rules that may apply, that I may be subject to disciplinary action that could include, but is not limited to:

- A written warning from the Deep Run board of directors or lacrosse board of directors
- Temporary suspension
- Season suspension
- Loss of future coaching privileges

Coach information:

Printed name \_\_\_\_\_ Signature \_\_\_\_\_

Date \_\_\_\_\_ Division coaching \_\_\_\_\_