

# DEEP RUN BASEBALL 2006 LIL' SLUGGERS TRAINING CAMP

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**THE MISSION OF THE LIL' SLUGGERS TRAINING CAMP IS TO LAY THE FOUNDATION OF PROPER BASEBALL SKILLS FOR ALL OF OUR PLAYERS. THE PROGRAM WILL CONCENTRATE ON PROPER THROWING, HITTING AND FIELDING SKILLS IN A FUN AND REFRESHING TRAINING ATMOSPHERE. IT IS OUR HOPE THAT ALL PLAYERS LEARN TO ENJOY THE GAME AND WALK AWAY A BETTER PLAYER READY TO BEGIN GAME PLAY NEXT YEAR.**

## **: PROGRAM SCHEDULE:** (revised 4/5)

|          |       |                  |                  |  |
|----------|-------|------------------|------------------|--|
| MONDAY   | APRIL | 17 <sup>th</sup> | 6:30PM - 7:30PM  | PARENT/PLAYER MEETING & UNIFORM DISTRIBUTION<br>AT OUR DEEP RUN CLUB HOUSE |
| SATURDAY | APRIL | 22 <sup>nd</sup> | 9:00AM - 10:30AM | OPENING DAY- CERAMONIES  |
| FRIDAY   | APRIL | 28 <sup>TH</sup> | 6:30PM - 7:30PM  | THROWING & CATCHING - THE FIELD  |
| FRIDAY   | MAY   | 5 <sup>TH</sup>  | 6:30PM - 7:45PM  | HITTING / THE SWING/CONTACT/FINISH   |
| FRIDAY   | MAY   | 12 <sup>TH</sup> | 6:30PM - 7:30PM  | FIELDING / GROUND BALLS /BASE RUNNING                                      |
| SATURDAY | MAY   | 13 <sup>TH</sup> | LOOK ON LINE     | PICTURE DAY  |
| FRIDAY   | MAY   | 19 <sup>TH</sup> | 6:30PM - 7:30PM  | FIELDING / FLY BALLS /POSITIONS/HITTING                                    |
| SATURDAY | JUNE  | 3 <sup>rd</sup>  | 6:30PM - 8:00PM  | PARENT/LIL' SLUGGER GAME/ AWARDS PRESENTATION                              |

\* ALL PLAYERS SHOULD HAVE A BASEBALL GLOVE, ATHLETIC FOOTWEAR AND WATER BOTTLE. UNIFORM INCLUDING HAT, SHIRT, PANTS AND SOCKS WILL BE PROVIDED.

\* PLAYERS WHEN POSSIBLE WILL BE BROKEN INTO TRAINING GROUPS BASED UPON ABILITY. THIS TRAINING TECHNIQUE ALLOWS THEM TO LEARN WITHIN A PEER GROUP THAT THEY ARE COMFORTABLE AND ACCELERATES THE LEARNING PROCESS.

